



Location:

Start and Finish at Monteith River Park at the corner of NW Water Ave and SW Washington St in downtown Albany, OR. (the Albany Seniors Center)



FIRE DEPARTMENT



AFFCAF

Albany Fire Department sees firsthand the emergency needs great and small in our community on a daily basis. Many of the needs are outside our scope as a fire and ambulance service provider, so that's where AFFCAF steps in.

AFFCAF provides...

- Immediate financial assistance to families burned out of their homes or who have suffered a traumatic event.
- Bike helmets for children throughout Albany.
- Residential sprinkler systems in Habitat for Humanity homes.
- And much, much more!

<http://www.racenorthwest.com/albanyrun>

<http://www.albanyfirefighters.com>



Albany Two Rivers 5k

When: Saturday, October 8th 2011

Start Time: 9:00am

Bib Pickup\Registration: 7:30-8:45am

Where: Start and Finish at Monteith River Park at the corner of NW Water Ave and SW Washington St in downtown Albany, OR. (the Albany Seniors Center)

See:

<http://www.racenorthwest.com/albanyrun> for details



Special thanks to our AFFCAF Two Rivers 5K sponsors



AWARDS

5km Run

Top 3 in the following age groups:
14 and under, 15-19, 20-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65
and over

EVENT INFORMATION

Participants are encouraged to arrive early to pick up their packets/bib numbers. All registered participants are asked to wear their assigned bib number on the **FRONT** of their shirt. At the finish, please enter the finish chute only once and allow the event staff to remove the tear tag from your bib number. This will help us with processing quick results.

To ensure a safe environment for all participants, we ask that you leave your dogs at home.

Please send your entry fee and application to:

PO Box 1864

Albany Or, 97321

Or return in person to:

Fire Services Office; City Hall

333 Broadalbin St SW

Albany OR, 97321



Albany Two Rivers 5k

Saturday, October 8th 2011

Check one:

5K Run 2mile walk

Name:

M ___ F ___ Age: ___ T-shirt size: S ___ M ___ L ___ XL ___

Name: _____

Street Address: _____

City/State/Zip: _____

Telephone: _____

E-mail Address: _____

Departmental Affiliation (if applicable): _____

Cost: \$15.00 for 2 mile walkers and \$25.00 for 5k runners. Add \$5.00 for a T-shirt.

Waiver of Liability: In consideration of being allowed to participate in this event, the undersigned, on behalf of themselves, their heirs, executors, and assigns, and on behalf of their children, if any under 18 are to participate, hereby forever waive and release AFFCAF, the City of Albany, the Albany Fire Department, Benton County, Linn County, race officials, sponsors, and event volunteers, together with any agents, officers, or employees thereof, from any and all claims, demands, or damages, arising in any manner from my participation, or that of my minor child, in this event. I further agree to indemnify and hold harmless all parties released from any such claims including cost of defense. I attest that I am physically fit and in all respects capable of safely participating in this event. I am aware of the dangers of weight lifting and running and the precautions that must be taken before participating in such activities. I further agree that I will assume and pay my own medical and emergency expenses including those of my minor child, if applicable, which may result in the event of an accident, illness, or other incapacity occurring in connection with the event. I further agree to indemnify all parties released above from such expenses.

I hereby grant full permission to AFFCAF, the Albany Fire Department and its agents, officers, and employees, to use any photographs or videotapes of the event for any legitimate purposes whatsoever. I HAVE READ THIS WAIVER CAREFULLY, UNDERSTAND IT, AND SUBMIT TO ITS CONDITIONS.

Signature of Entrant/Date: _____

Signature of parent or legal guardian, if under 18/Date: _____

Name of Child Participant: _____